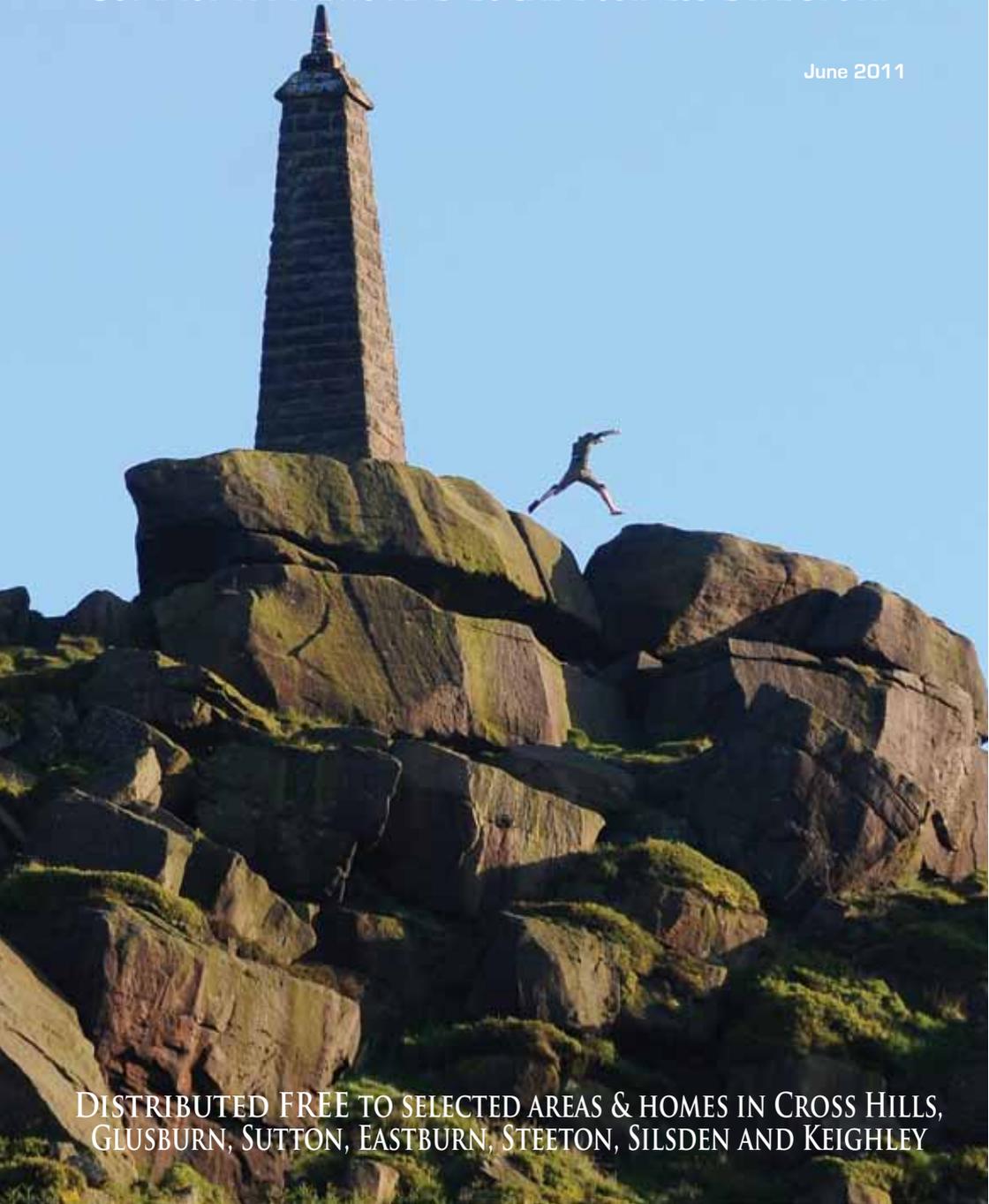


AIRE VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

June 2011



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No, not the bird like vocalization that accompanies a chirp; we mean the sms-messaging activity that has taken the world by storm.

Some see it as pointless drivel, and indeed, there will be plenty of verbal sludge clogging up the digital universe. But it is the same technology that has sparked the Arab Spring and left our nation debating privacy laws and the meaning of super injunctions. In short, Twitter is a tool for communication; it creates an opportunity for conversations that were, in the past, not possible.

You can find like minded friends and follow famous footballers if that is your desire. You can campaign, cajole, share, or shout. Some use it for business, others solely for personal fun. The two aren't mutually exclusive so you can decide what's right for you.

Twitter is a unique channel for engagement. Join the conversation!

@LocalGlobalGirl

here are a few of our recommendations to follow: @LoveKeighley, @ArtYorkshire, @ActivBradford, @Bradford_Mela, @ThePulseOfWV, @culturevultures, @WorthValley, @Twaiku_Poetry

We are pleased to bring you this June edition of the Aire Valley Mag. Half term is upon us and for those who choose to have a "stay-cation" i.e. a stay at home vacation, there is plenty to keep the family occupied around the Aire Valley and the neighbouring districts this month.

Here are few highlights from the community pages: For early risers you can join in a Dawn Chorus Walk, which we can confirm is at 4am! For evening entertainment try the Michael Jackson Tribute at the Glusburn Institute, it is sure to be a "Thriller". Keighley Playhouse is putting on Holiday Snap, an ideal family choice. If you like Peace, Love, and Harmony, head over to Haworth for their 1960's weekend. And don't miss the Sutton Funday on the 19th, it's one of our favourite annual events. Whatever you choose to do...



Liz Barker

Enjoy!

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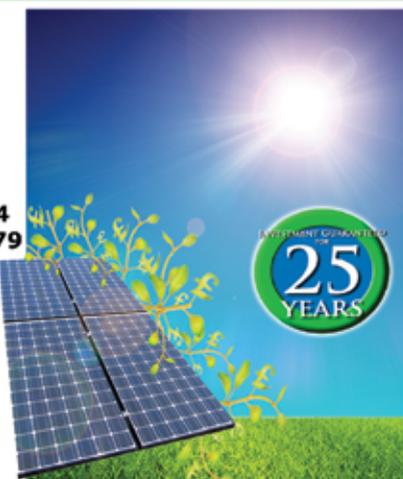
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For friends and work colleagues Kevin Jackson, Darryl Bell and Tristen Vasey that has meant a door shutting in Keighley and one opening in Silsden.

As it became obvious to them that they were going to be made redundant at the beginning of 2011, they got in touch with Airedale Enterprise Services (AES) for advice, information and guidance on starting a business.

Working with AES, they developed the business plan, formed a limited company, sharpened up their business strategy and began the search for suitable premises.

The result of all this preparation and planning is Computer Universe of Briggate, Silsden.

Kevin asserted, "The support of Phil Harrison and AES has been crucial in getting the business off the ground and we are very confident that the business will be successful and a real asset to Silsden and all of the surrounding areas".

Computer Universe is a PC / Apple sales and repair centre conveniently located on Briggate in the centre of town. The

qualified team have years of experience in repairing and maintaining all types of PC's, Mac's, Laptops, Netbooks, Macbooks and even Games Consoles.

An internet cafe with printing and scanning facilities will also form part of the services Computer Universe aim to make available to the community. With an increasing number of people working from home, the centre on Briggate can act as a business hub and IT knowledge source as well as the place to go for purchasing equipment for the home office. They will even come out to your home or office to set up your internet and configure a wireless network or help you set up your new computer. A free collection service is available within a 6 mile radius for repairs.

Kevin, Darryl and Tristen hope to see you soon. Call in to Computer Universe or contact them on:

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Daisy Days Knitting Class
 Tuesday 7th June
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 Contact Susan on 01535 648509 sueshere128@gmail.com for more details and fee.

Swap til' you Drop for a good cause!
Thursday 23rd June
Clothes Swap at Cobbles & Clay
 Bring your clothes to swap/sell. **All welcome to come along!** (this money will be split between the Manorlands Hospice and the Haworth Church restoration fund.) contact Charlie to book your table or for more details:
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You will find a wide selection of fine wool as well as knitting needles and designer patterns to spark your imagination in Daisy Days
Coming Soon...Our Very Own Haworth Manifesto Print!



WOMEN are being urged to get their friends and relatives together and join the women-only Midnight Walk to raise vital funds for Sue Ryder Manorlands Hospice. It's a 12km course, starting and finishing at Nab Wood Sports Centre, Cottingley New Road, Bingley, and there will be music and entertainment provided and refreshments along the way.

"Manorlands Hospice provides amazing care and support for people in the most distressing times and circumstances and I have seen first hand the excellent care they provide. I would urge anyone to take part and come and join in the fun. I think most of us in the area have a friend or know someone who has benefited from the wonderful work that Sue Ryder does and this is a great opportunity to help give something back.

"Walking at Midnight is a challenge and I really enjoy the atmosphere. It's brilliant that hundreds of ladies have taken a night out to support Sue Ryder. This will be my fourth year doing the walk and I feel it's a personal achievement."

"We have a great opportunity to support them knowing that we're able to walk and contribute to our own health and fitness while raising much-needed funds to care for others.

"Last year's event was fantastic with an exciting atmosphere so women won't want

to miss out on taking part this year. We are hoping for a big turn-out, making it a night to be remembered.

"With even more walkers this year, we want to smash this amount and make a difference to the lives of more people with complex, life-limiting conditions such as cancer. It costs £2.2million each year to run Manorlands Hospice and we rely on voluntary donations for the majority of our income."

At the finish, walkers will receive special Midnight Walk goodies, a medal and warm breakfast sandwich.

Entry is £15 and all participants must pre-register to take part.

The fundraising team would also like to hear from volunteers, including men, wanting to help in the run-up to the event or on the night itself.

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University Academy Keighley



The newly-built University Academy Keighley (UAK) and Beechcliffe Special School on Greenhead Road in Keighley now boast a range of fantastic sports facilities that have resulted from huge investment of money, effort and energy by education, academic and sports and community partners.

UAK now represents a fabulous opportunity, with a unique mix of indoor and outdoor facilities and especially leading up to London 2012 and its Olympic and Paralympic legacy, to establish a centre of excellence for sport and disability sport for the district, the region and indeed nationally and beyond. Plans are already in hand to deliver a range of sports, education and technology services and activities for the whole community.

Although work at the site is ongoing, the athletics track and 3G pitches were opened earlier in May 2011, with the track being dedicated to the late John Woodcock, who worked as an athletics coach and development officer at this site and across Bradford for many years and who produced several great athletes and helped many people develop their potential, not just in sport but in life.

UAK is the base for Keighley & Craven Athletic Club which, along with fellow Bradford Athletics Network clubs, have already started to make use of the new facilities at UAK.

The club and its partners are committed to making the most of this superb setting for athletics and indeed for all sports, and all are welcome to come along and take part: see www.kcac.co.uk or email sportjohn@blueyonder.co.uk for details of how to do just that!

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Oaty Toffee Treats

I wonder what should be the next Aire Vallley Mag recipe, I mused aloud, while handing around a tin of treats on a recent camping trip. My friends looked at me as though I was mad – why, these of course, they chorused, mouths full of oaty chocolatey toffee covered stuff. So here they are; great for extra energy on a camping trip, portable provisions for a hike across the hills or a well deserved mouthful of smugness after a hard afternoon's gardening.

(This makes quite a lot, so you can halve the recipe if you like and it will still work – but you will probably just have to make more the next day....and what on earth could you do with half a tin of condensed milk left over?)

8oz / 500g soft butter, 4 oz / 250g light soft brown sugar, 4 oz / 250g dark brown sugar and 2 egg yolks, all beaten together well until light and fluffy (a mixer will do this best if you have one). Stir in **half a can of condensed milk** and beat again.

Then add **4 oz / 250g porridge oats and 4 oz / 250g plain flour** and stir until well coated in the buttery mixture.

Press into a greased and lined swiss roll tin, or a square baking tray or cake tin – it doesn't matter too much what size as long as the mixture is at least half an inch deep (please do line your tin with greaseproof paper, otherwise its just impossible to get out). Bake for 20 minutes at 190C / gas mark 5.



Leave to cool in the tin for about 10 minutes and then lift up with the paper and transfer to a rack (otherwise the bottom goes too soggy, which we really wouldn't want). While its still a little warm, slice into squares, but leave on the paper all together.

Then make the fudgy chocolatey topping:

Melt **75g butter with 75g dark brown sugar** in a pan until bubbling. Add the **rest of the condensed milk** and stir well. Keep stirring on the heat for a minute or two – try not to let it bubble or burn. Allow to cool a little – it should thicken rather nicely. Drizzle over the oaty stuff.

Finally, melt about **100g of chocolate with a teaspoon of butter or cream** (this helps to stop it burning) until just melted; stir well and drizzle over the top of the other drizzle.

This has about half a million calories per piece, but is strangely light and moreish. You have been warned.

by Nel Hargrave

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From the Stresses of Spring to the Sighs of Summer

South Craven student Kelly Cheung reveals a teenager's perspective on exams

What do you think of when the month of June rolls around? Roses, a leisurely hour or two in the garden or maybe even getting the barbecue out for a few burgers? As a teenager, the only thing we're thinking about is exams. French, maths, geography, you name it, we're sitting it and exam stress is something many of us teens are currently experiencing, and let me tell you, it is not fun.

Late night cramming sessions, Saturday nights in and declining party invitations (and that is a big deal, believe me) become the norm. You get the idea, we become social outsiders neglecting usual teenage behaviour in favour of passing our exams. See, we're not so bad. When exam time comes around our parents love us because we're not causing havoc but instead sitting at home, doing algebra.

The question is: Why do we put ourselves through it? Why do we have an unhealthy addiction to revising that we make ourselves ill with stress and depression? Quite simply, we don't want to fail and disappoint our parents, teachers and most importantly, ourselves. Regardless of how we are portrayed by today's media, we do care about our future and we do know the importance of a good education. When it comes down to it, we work because we want to. Yes, the pressure from parents makes us feel like we have to do well because we don't want to let them down. I personally know

how hard my parents work for everything my siblings and I have, so to fail would disappoint me for not making them proud. Of course the pressure of getting a university placement is part of the reason behind our stress. While not all of us are quite sure as to where we want to go, some of us (i.e. me) have our sights set on one place and one place only. It's not that I'm picky, I just did all of my research and have decided that this place is where my heart is set; so imagine how I felt when I found out that my predicted grades aren't high enough to meet the entry requirement and my teacher told me not to waste an application!

My initial thought wasn't "goodbye Sheffield!" but instead "I have got a lot of work to do this year to better my predicted grades." It has become my own personal target to reach the unattainable and put it within my grasp. It isn't fun being isolated in the library revising while my friends are all having fun but, I know it will benefit me more than a couple of hours in the sun wasting the day away. Exams are almost over and I can practically hear the sigh of relief from all my friends as we go back to our normal routine. The summer is almost here and it's time to finally relax. The dreaded results are in August and hopefully, all that revision will have paid off and we can spend the rest of the summer without a care in the world. Well, until something like prom comes along and then a whole new level of stress comes along. But that's a whole other headache for another day.

Where in the Aire Valley? COMPETITION

Can you identify the building or landmark indicated by the red cross in this photograph?

This month's prize is donated by The Keighley & Worth Valley Railway: Day Rover Ticket

Email your answer to:
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The winner will be selected from all correct answers received by June 20, 2011.



Congratulations to Eileen Harker for correctly answering last month's location: Easburn Post Office

Google Earth ©

Sudoku

4	1	6	8	9			
		3					6
			2	4			
			3	1	6		9 7
9	7		4	2	8		
			1	5			
7						3	
			9	3	4	7	2

Test your skills of logic with Sudoku: Every row, column and box of 3x3 cells must contain the numbers 1 through 9 exactly once. Level: Difficult

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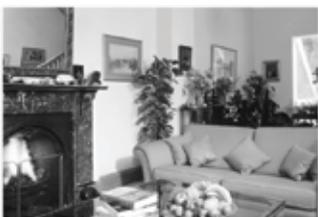
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No matter how I tried and tried
He would not come back to me
The little rascal ran with joy
I stood and called in vain
But he was on a mission now
Running faster than a train
I stood and rattled his box of treats

My voice was getting higher
But there was just no stopping him
This boy of mine's a flyer
Finally I caught up with him
Breathless now and shattered
I was just relieved to have him back
That's all that really mattered
He stared at me for quite a while

Expectation in his eyes
He was looking at the box at treats
He now wanted his prize
'No way' I said in my sternest voice
'These are not for you.
You didn't come when I called out,
Or do what you should do.'
I don't know if he understood, but, we're off to class one more
I really have to get it right
This recall, that's for sure.

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Sun 5 June Dawn Chorus Walk at Hardcastle Crag, Hebden Bridge

Join in at 4am for an early morning walk to hear the uplifting dawn chorus through the woodland, followed by breakfast at Gibson Mill. Price: Adult £5, Child £2. Booking is essential, call 01422 844518.

Tues 7 June 12.30pm Keighley Civic Luncheon Club Meeting

at Steeton Hall. Guest speaker is Dine Huck. New members are welcome. The Annual Subscription is £5.00. For further information call 01535 658 044

Wed 8 June Millenium Way

Circular Walk No 2 from 10.30am.

Meet Stewart Elliott at Bingley Arts Centre, Main St, Bingley. This is an undulating, 6 mile walk through fields and woodlands providing a haven for wildlife. Packed lunch required.

Sat 11 May Michael Jackson

Tribute live at Glusburn Institute.

Tickets cost £10, buy online at www.glusburninstitute.org.uk or from ticket office. Doors open at 7pm and there is a licensed bar.

Fri 10 - Sun 12 June Rock & Rail

Music Festival 2011 A new event held at the Keighley and Worth Valley Railway. For more information visit www.rockandrail.co.uk for more details or follow on twitter: @rockandrail

Sun 12 June Bradford Mela

at Peel Park. This festival is expected to attract over 100,000 visitors and

there is loads to see and do for all the family including music and dance, Street Theatre with acrobats, comedy and stilt walkers. Food from around the world will be on sale and there will be lots for kids to do including face painting, costume making and an interactive play area.

www.bradfordmela.org.uk

Mon 13 - Sat 18 June Holiday

Snap at Keighley Playhouse 7.30pm

Comedy on the continent, entrance £4 - £6. For more information visit www.keighleyplayhouse.co.uk or to make a booking call 08451 267859

Tues 14 June De-Mystify Me Drop-in

Surgery 2pm til 4pm and 7pm til 9pm at Keighley Table Tennis Centre on South Street, Keighley. Bring your own laptop, or show the CloudfreeIT team your software query on one of theirs. Thanks to KTTC and to all those who attended the event in May. £10 was raised for Leeds & Bradford Dyslexia Association.

Sat 18 June Bronte Moors Charity

Challenge Organised by the Rotary Club of Haworth and Worth Valley, in aid of the British Heart Foundation. Entry form and information www.brntemoorschallenge.com or call 01535 604339

Sat 18 - Sun 19 June 1960s

Weekend in Haworth Dress up in your best flower power attire. Various happenings will surprise and delight

you on Haworth Main Street and Central Park.

Sun 19 June KWVR Sunday Lunch on the Steam Train (Fathers Day)

A traditional three-course Sunday luncheon served on board the KWVR steam hauled Pullman trains. Visit www.kwvr.co.uk or to make a booking call 01535 645214

Sun 19 June Sutton Pinacles Fell

Race 2011 (5.6 miles) Resistration in the garden of the Park Lodge from 2pm. Start and finish by the park gates on Main Street. An out and back race along tracks, fields and fells to the Salt and Pepper Pots and the Hitching Stone. Fundraiser for Kildwick and Farnhill Cubs and Scouts. £5 entry, bottle of Naylor's pinnacle ale to every finisher! For details call Camille Askins: 07980091067

Sun 19 June Sutton Village

Committee's Funday Extravaganza

The Funday begins with the procession setting off at 12 noon. There will be a Scottish pipers band, Barn Owl Bill and his live owls, Local fundraising stalls, Donkey rides, Fairground rides and much more. For enquiries call Christine on 01535 636639.

Sat 25 June Sue Ryder Aire Valley

Midnight Walk. A 12km ladies only midnight walk. Sign up at www.sueryder.org and enjoy!

Sun 26 June Three Reservoirs

Circular Walk from 10.30am. Meet

Raymond Wood at Denholme Velvets on Keighley Rd, Denholme. 7 mile walk beside Thornton Moor Reservoir and returning via Hewenden and Doe Park reservoirs. Using sections of the Bronte Way and Millennium Way. Packed lunch required.

Sat 2 July Crossflats Village Society 8th Annual Open Gardens 10am-5pm

In aid of Manorlands Hospice and donation to Project at Crossflats Primary School. For the price of £1 (children free) the day includes: lots of beautiful gardens to admire, plant sales, children's activities, breakfast and lunch sandwiches, homemade cakes, afternoon cream teas and home produce to take away. Tickets available from Clegg's Newsagents Canal Rd in Crossflats, Crossflats Post Office, Daven's Village Bakery, or contact 01274561578 or 01274564574.

Sat 2 July Oakworth Gala from 1pm.

Procession assembles on Windsor Road, leaving at 2pm to process to the Gala field off Victoria Road, Oakworth. Stalls, games, children's races and familt fun run in the field from 2.30pm. Contact 01535642625 for more details.

Sun 3 July Keighley Festival of

Transport Vintage Buses & Trains in Abundance! The spectacular event brings together in one place many forms of transport - heritage diesel trains and buses from the 1960s, ranging right back to steam trains and carriages from the 1890s! The whole Worth Valley will be linked by an integrated timetable of buses and trains giving a high frequency service between Keighley and Oxenhope from 9.40 am. Visit www.kwvr.co.uk

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Say you saw it in the Aire Valley Mag!



CLEARING THE AIRE AND WORTH VALLEYS OF COMPUTER-BASED CONFUSION

De-Mystify Me

the column for your computer queries in association with our friends at CloudfreeIT

Experiencing problems with your computer that aren't serious enough to warrant calling for the services of a support engineer, but which, nonetheless, irritate you to the point of insanity? If so, you're not alone.

Email your queries to mail@worthvalleymag.co.uk (if E-Mail is your problem, then post your query to AVM/WVM Mags, Crosslands Barn, Main St., Stanbury BD22 0HB).

We've got £25 CloudfreeIT computer accessory vouchers and goody bags up for grabs! The email/letter of the month will be published here, so get writing to us now! Your name will only be printed with your permission and your address won't get printed at all. Whilst we wait for your queries to start filling our inbox, here's a super query raised by a visitor to the first De-Mystify Me Drop-in Surgery sessions last month...

Q. I bought what I thought was a bargain laptop with Vista Home Premium pre-installed, 1GB of RAM and an 80GB hard disk, but I wish I hadn't! Performance has been dreadful from the start; far worse than my old Windows XP laptop. Is it a lost cause? Should I bin it?

A. The poor performance is most likely a result of Windows Vista being far more 'resource-hungry' than XP, particularly where 'Windows Aero' premium visual experience is enabled. This is designed to show translucent windows, 3-dimensional perspective, rich textures, advanced colour mixes and animations. It wasn't included in 'Home Basic' - the edition of Windows Vista most often pre-installed on low specification hardware. Whilst Vista will run on a machine with 1GB of RAM, much of that gets eaten up

by Vista itself. This leaves very little RAM in which to run your applications or anti-virus software, hence the appalling performance you're getting. 2GB or more is recommended, to ensure that all features (including Aero) function well enough for users to remain 'even tempered'! As you only have 1GB of RAM you could do one of two things. Either:-

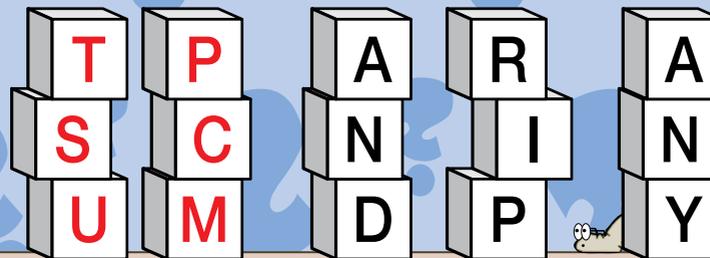
1. Turn off the features of 'Aero', assuming you're happy to live without the 'prettiness' in order to get usable performance. Doing this changes the look of the menus and Window title bars to more like they were in pre-Windows XP, saving on resources. Start - right click on 'Computer' - select 'Properties' - click on 'Advanced system settings' - (click 'Continue' - only if UAC is enabled) - click on the 'Advanced' tab - under the Performance section click 'Settings' - select 'Adjust for bestperformance' - click 'Apply' OR...

2. Upgrade the RAM in your laptop from 1GB to 2GB or more. Obviously this will cost money, so only choose this option if you really can't live without the translucent effect of 'Aero' or you find that option 1 doesn't make enough of an improvement to performance for your needs. If you find it difficult to explain your query in writing come and show us instead at our Drop-in Surgeries. The happy chaps at CloudfreeIT will share their knowledge and smooth your furrowed brow in return for a small donation to their nominated charity. See Community Pages for details of the next ones.

THE Puzzle Cellar

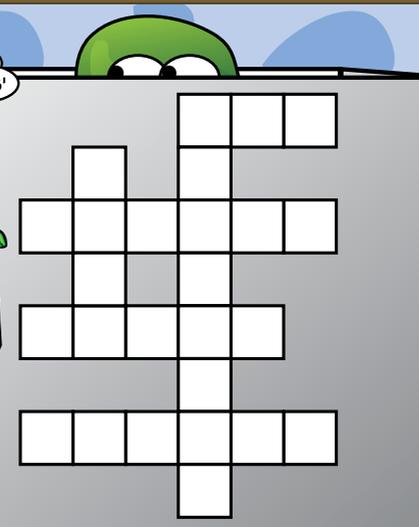
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Answers: SAND, TRIP, MANY, CUP

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5	9	7	2	6	4	1	3	8
2	5	4	3	1	6	8	9	7
6	3	8	5	9	7	2	1	4
9	7	1	4	2	8	5	6	3
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7	8	9	6	4	2	3	5	1
1	6	5	9	8	3	4	7	2

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